

CHICKEN & DUMPLINGS

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour soup mixture in large saucepan or Dutch oven; bring to a boil. Pinch off 1" pieces of biscuit and drop into boiling soup mixture; reduce heat to medium-low and simmer 15-20 minutes. Mix 1 Tbsp. cornstarch and 2 Tbsp. water; stir into soup and cook 5 more minutes.

DATE FROZEN: _____

VEGETABLE BEEF SOUP

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour soup mixture into large saucepan or Dutch oven; bring to boil. Reduce heat to medium, add beef and simmer for about 35 minutes, or until barley is done.

DATE FROZEN: _____

TORTILLA SOUP

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour soup into a large saucepan or Dutch oven; bring to a boil, then reduce heat and simmer over medium-low heat for 30 minutes. Bake tortilla strips, if necessary. Serve soup with tortilla strips and cheese.

DATE FROZEN: _____

BLANCO "WHITE" CHILI

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour soup mixture into a large saucepan or Dutch oven; bring to a boil over medium-high heat. Reduce heat to medium-low and simmer for 20-30 minutes. Whisk the sour cream mixture, then stir into chili. Heat 5 more minutes and serve.

DATE FROZEN: _____

A-MAIZ-ING CORN CHOWDER

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour soup into a large saucepan or Dutch oven. Cook over medium heat 15 to 20 minutes, or until heated through. Stir in cooked bacon just before serving.

DATE FROZEN: _____

TUSCAN SOUP FLORENTINE

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour tomato-broth mixture in large saucepan or Dutch oven; cover and simmer over medium heat for 10 minutes. Increase heat to medium-high; add Orzo pasta and and pork and cook 8-10 more minutes. Stir in spinach and cook 2 more minutes.

DATE FROZEN: _____

MINI MEATBALL SOUP

Remove from freezer and place in refrigerator 48 hours to thaw.

Pour broth mixture in a large saucepan or Dutch oven; bring to a boil, then reduce heat to medium. Drop in meatballs, one at a time. Add pasta, cover and simmer on medium-low for about 15 minutes. Add spinach and stir gently to mix. Heat 5-10 minutes more.

DATE FROZEN: _____

CREOLE SAUSAGE w/RICE & BEANS

Remove from freezer and place in refrigerator 48 hours to thaw.

Saute sausage in Dutch oven over medium-high heat until lightly browned; drain grease then return sausage to pan. Add tomato mixture and simmer on medium-low heat 30 minutes. Stir in beans and cooked rice.

DATE FROZEN: _____

JAMBALAYA

Remove from freezer and place in refrigerator 48 hours to thaw.

In a large skillet or Dutch oven, over medium-high heat, saute sausage, onion, bell pepper, mushrooms and garlic until sausage is browned. Add tomato mixture and cook 3-5 minutes, or until shrimp is opaque. Heat rice and mix in, or serve Jambalaya over the rice.

DATE FROZEN: _____